Your body belongs to you!
Some touches make you feel warm, safe and happy inside. These are SAFE TOUCHES.

But if someone tries to touch your private parts, it can make you feel angry, scared or mixed up inside.

Circle the pictures below that show safe touches. Put an X over any touch that can make you feel scared or upset.

1

2

3

4

5

6

The answers are on page 7.
When you were little, your parents touched your private parts when they changed your diaper or gave you a bath.

Now, they may put medicine on your private parts if you’re hurt or sick.

A doctor or nurse may touch your private parts during a checkup.

But nobody should touch your private parts for other reasons—not even someone you know and love.
Color the Picture

There are lots of people who touch us ... but they shouldn’t touch your private parts.

Private parts is the area that is covered by your bathing suit.
It’s OK to say ______!

Connect the Dots to finish the sentence.
... If you don’t want to be touched, you have the right to say...
Sometimes it's OK to say no to an adult.

Kids have rights too.

No one has the right to make you feel weird.

If you're not sure if a person is good or bad, ask your Mom or Dad.

Don't walk alone ... try to walk with friends.

Always tell your parents where you're going.

If someone asks you to keep a secret, tell your Mom and Dad. You don't have to keep secrets that are bad.

Never talk to strangers.

Learn how to say NO! loud and clear.
Which way to the sign?
To the parent:

As responsible parents, we protect our children by teaching them the rules and regulations of water safety, fire safety, and bicycle safety, among others. This book will help you and your child learn the most important safety lesson of all — body safety.

As you go through this book with your child, or a child you care about, it’s important to take the time to be supportive and available for any questions they might have. If you feel awkward or embarrassed, you should direct the questions to someone else your child feels comfortable with. Above all, the child must receive answers and the information that will help him or her deal with a dangerous situation.

This book is not meant to scare but rather to educate. Children need to learn the words and phrases in this book and use them to say no; to tell their parents if something is wrong and to be able to avoid dangerous situations. Adults in turn must learn to listen and must give their children the freedom to tell.

-Children’s Justice Foundation